

PIONEER CARDIOVASCULAR CONSULTANTS

MEHUL SHAH MD, RAJIV ASHAR MD, DHAVAL SHAH MD, ADHIRATH DOSHI MD

TREADMILL STRESS TEST

Patient Name: _____

You are scheduled for the following test on: _____ Check in time: _____

- 2149 E Baseline Rd Ste 103 Tempe, AZ 85283 480-345-0034
- 10440 E. Riggs Rd Ste 220 Sun Lakes, AZ 85248 480-345-0034

Preparations for your test:

- Please eat a light, low fat meal 2 hours prior to test.
- Please increase your water intake 2 days prior to test.
- Please arrive 10 minutes prior to scheduled testing time.
- Allow 30 minutes for testing.
- Please wear closed toed shoes and comfortable clothing for exercise

Please stop the following medications 24 hours prior:

- Cardizem
- Diltiazem
- Verapamil

Please stop the following medications 48 hours prior:

- Atenolol
- Betapace
- Bystolic
- Carvedilol
- Inderal
- Labetalol
- Metoprolol
- Nadolol
- Propranolol
- Sotalolol
- Tenormin

Any medications not listed can be taken as normal the day of your test.

Your appointment for results is scheduled on _____ at _____

I acknowledge that I have received and understand these instructions.

Print Name

Signature

Date